



Agreement for Researchers using the *Exercise And Screening for You*

Background:

The *EASY* Partners own the rights to the *Exercise And Screening for You* instruments/materials. The *EASY* Partners are:

- Program on Healthy Aging, School of Rural Public Health, TAMHSC
- Robert Wood Johnson Foundation
- FirstStep to Active Health
- National Blueprint: Increasing Physical Activity Among Adults Age 50 and Older

We would like to provide *EASY* information to researchers interested in screening, assessment and counseling tools. Researchers are granted some flexibility in how the *EASY* instrument(s) may be used in their studies. They may incorporate the questions, or use the materials as provided by the *EASY* Partners, or modify the assessment instruments.

As you plan your research project, please keep the following in mind:

- **Research Agreement Form:** we would greatly appreciate it if you complete a user form and return this so we are aware of use of the tool. You must complete this form (see page 2) and return it to our contact person prior to initiating any research project activities.
- **Modifications to the *Exercise And Screening for You* tools:** If you modify the assessment instruments or use them in a format other than the version available from *EASY* Partners, please credit the *EASY* Partners on any print materials or publications as follows:

This assessment was adapted/used with permission from the *EASY* Partners who developed the *Exercise And Screening for You* materials. www.easyforyou.info

Resnick B, Ory MG, Hora K, Rogers ME, Page P, Bolin JN, Lyle RM, Sipe C, Chodzko-Zajko WJ and Bazzarre TL. A New Screening Paradigm and Tool: The Exercise/Physical Activity Assessment and Screening for You (*EASY*). *J Aging Phys Act.* 2008; 16 (2).

- **Summary of Findings:** We would greatly appreciate a brief summary of your use of the *EASY* screening tool and associated findings.

Please send to:
Texas A&M Health Science Center
School of Rural Public Health
Program on Healthy Aging
Mail Stop 1266
University Drive & Adriance Lab Road
College Station, TX 77843-1266
Phone: (979) 458 – 3507
Fax: (979) 458 – 4264
Email: ahpp@srph.tamhsc.edu

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Research Agreement Form

The *EASY* Partners request that researchers register their use of *Exercise And Screening for You* materials by providing the information below:

PRINCIPAL INVESTIGATOR:

EMAIL:

PHONE:

ORGANIZATION:

TITLE OF PROJECT:

FUNDING AGENCY:

PROJECT DATES:

PURPOSE OF PROJECT:

PLEASE DESCRIBE HOW THE EASY MATERIALS WILL BE USED IN THE RESEARCH PROJECT:

I have read and agree to abide by all terms and conditions specified in the **Agreement for Researchers using the *Exercise And Screening for You* materials.**

Signature _____ Date _____

Please submit signed **Research Agreement Form** (prior to the project) and **Summary of Findings** (at the close of the project) to:

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